

QP Code: 213386

Reg. No.....

**Second Year MPT Degree Supplementary Examinations June 2025**

**Paper III - Musculoskeletal and Sports Physiotherapy**

**(2016 Scheme)**

**Time: 3 hrs**

**Max. Marks: 100**

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*

**Essays**

**(2x20=40)**

1. Write in detail about PT assessment and management for 65-year-old female with osteoarthritis of left knee diagnosed a year back with grade –II.
2. Explain in detail about the principles of Pilates and its role in sports rehabilitation.

**Short Notes**

**(10x6=60)**

3. Musculoskeletal adaptations to exercises.
4. Physiotherapy management of Tennis Elbow.
5. Discuss personality and coping styles.
6. Importance of Q–angle in evaluation of knee joint.
7. Special test for supraspinatus tendinitis
8. Preferred practice patterns in Physiotherapy for Musculoskeletal conditions.
9. Types of pain and its assessment.
10. Management of Ape thumb deformity
11. Assessment for Ankle instability and management after lateral ankle sprain.
12. Appraising the evidence

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